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## **ARGENTINE TANGO BEHIND THE SCENES**

Did you know that Argentine Tango is not only a dance?

Let us introduce Argentine Tango to you. We all know Argentine Tango as a sexy and passionate dance. Some say it is the hardest dance to learn, In this and upcoming articles, we will introduce you to Argentine Tango from the inside. We will introduce you to all the benefits that Argentine Tango brings to one's life. We will talk about the myths of Argentine Tango and much more.

## **ARGENTINE TANGO** as a dance:

Argentine Tango is a partner dance, meaning you need two people to dance Argentine Tango. It can be a man and a woman; it can be two men or two women. In the past, it wasn't very common to see two men or two women dancing Argentine Tango together in public. But this is changing. Faster in the USA than anywhere else. However in the last 5 years, we can see same-sex couple dancing Argentine Tango more and more frequently, even in some Milongas (Milonga a place where people dance Argentine Tango) in Buenos Aires, Argentina, Capital of the Argentine Tango.

Argentine Tango is a combination of 4 simple steps. I am not kidding or sugar coating it. We all do them all the time in our every day life. We just never think of them as potential dance steps. You may wonder, if this is this simple, why did we start by stating that Argentine Tango may be one of the most difficult partner-dance to learn? Most will answer that the challenge of Argentine Tango is for two people to make these steps as if they were one entity of 4 feet instead of two separate people without knowing which step comes next and without using. The trick in Argentine Tango is for one partner to transfer their plan in real time to the other partner without words. In a world where nearly everything comes down to communication, Argentine Tango is the epitome of perfect information transfer, efficient, fast, precise and yet subtle, without words and without force, using minimal energy.

Millions of people dance Argentine Tango all over the world these days. Despite or maybe because of its challenges, Argentine Tango grew exponentially in the last 20 years, starting from Argentina and expanding into nearly every continent, and now reaching remote places in Southern and Northern Americas, Europe, Russia, Asia, Australia and more. Because I live and breathe Argentine Tango, I cannot help myself and check for Argentine Tango everywhere I go. It used to be available only in the major large cities. Now I can travel nearly anywhere in the USA and find Argentine Tango in one form or another in close proximity.

When I started Argentine Tango several decades ago, all I was looking for, was to meet new people and learn the dance belonging to the music I loved. Nothing else. I had no expectation beyond having a bit of fun.

What I discovered along my journey is fascinating, and I want to share it with you.

There are so many things and so many aspects of life that Argentine Tango touches and helps one with that it is truly mind blowing. Some I have experienced in my own life (like Personal Growth), others I have first-hand witnessed (for example in-person Community Networking) and others have resulted from scientific studies (Health Benefits). I have seen how it has fostered entrepreneurial spirits and how it has led to successful romantic relationships. I have seen ....

Do you want to know more? I will tell you next time we meet. I can't wait for the next issue.

Thanks for reading

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